

Kriste Babbitt, MD, PLLC  
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(713) 622-5480

**POINTS TO REMEMBER**

**Please initial:**

\_\_\_\_\_ **1.** Notify Dr. Babbitt if there are any significant changes in your psychiatric or medical condition, or if an outside provider changes your medication regimen.

\_\_\_\_\_ **2.** Notify Dr. Babbitt if you suspect or know that you are pregnant or if you plan to become pregnant in the near future. Pregnancy will affect treatment recommendations.

\_\_\_\_\_ **3.** If you feel you are at risk for hurting yourself or others, notify Dr. Babbitt immediately. Dr. Babbitt returns urgent calls within 24 hours. If you feel you are an imminent risk and need immediate attention, call 911 or proceed to your nearest emergency room.

\_\_\_\_\_ **4.** Dr. Babbitt welcomes emails for non-urgent, administrative communication. Please note that the confidentiality of your email cannot be guaranteed. Email is only checked on business days and often only once per day; it is not appropriate for urgent communications.

\_\_\_\_\_ **5.** If your medication makes you drowsy or slows your reaction time, refrain from driving and notify Dr. Babbitt. Also notify Dr. Babbitt if your medication causes you other significant side effects.

\_\_\_\_\_ **6.** If you want to increase, decrease, or discontinue your medication regimen, call first. Medication management is a collaborative process. Changes without consultation are potentially dangerous and may interfere with our ability to work together.

\_\_\_\_\_ **7.** It is advised not to drink alcohol while taking psychiatric medications.

\_\_\_\_\_ **8.** Please note our office does not provide reminder calls for appointments; you are responsible for keeping track of them. Email reminders are a courtesy, and lack of receipt does not excuse a missed appointment. Standard charges will still apply.

\_\_\_\_\_ **9.** If you arrive late for your appointment with 10 minutes or fewer remaining, you may be rescheduled. Standard late cancellation fees still apply.

\_\_\_\_\_ **10.** We are here to help you. Do not hesitate to call if you have questions or concerns.

**I have read and understand the preceding Points to Remember.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name (please print)

\_\_\_\_\_  
DOB